

AIDS & Mobility Europe training Tallinn ESTONIA

"AIDS & MOBILITY Europe 2007-2010"

project leader:

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"AIDS & MOBILITY Europe 2007-2010"

project partners:

- **The National Institute for Health, Migration and Poverty (NIHMP) - Rome, ITALY**
- **The European AIDS Treatment Group (EATG)
- Brussels, BELGIUM**
- **International Organization for Migration (IOM)
- Brussels, BELGIUM**
- **AIDS Fondet - Copenhagen, DENMARK**
- **AIDS-i Tugikeskus (AISC) - Tallinn, ESTONIA**
- **Naz Project - London, UNITED KINGDOM**
- **Yeniden - Istanbul, TURKEY**

The main aim of AIDS & Mobility Europe is to reduce HIV vulnerability of migrant and mobile populations in Europe, through the development, implementation and promotion of appropriate policies and measures within a European wide network of experts.

AIDS & Mobility Europe aims:

- 1) to develop an innovative health education model for migrants and ethnic minorities**
- 2) to implement structured transcultural mediator training and to conduct educational group sessions on HIV/AIDS**
- 3) to strengthen the existing network structures of HIV prevention among migrants**
- 4) to evaluate performance and outcomes**
- 5) to disseminate the results and communicate them widely**
- 6) to design adequate strategies to assure continuity of the approach**
- 7) to influence European and national policy making**

A set of measures will be targeted at relevant stakeholders:

- **Young Migrants**
- **Mediators**
- **Migrants and national minorities, AIDS and other health service organisations**
- **Health promotion: health insurance agencies, thematic networks, political decision makers**

Objectives

- To establish sustainable HIV- prevention for migrants in six countries through transcultural AIDS mediator training programs based on good practice developed by EMZ
- To establish a synchronized program
- To develop standardized tools and materials (in 15 languages)
- To organize and complete training 120 transcultural AIDS mediators successfully
- To reach at least 2,400 young migrants in educational community group sessions
- To contribute to the sustainability of individual sites and the entire network of A&M

Educational objectives:

- **Knowledge-based methods = Communication and acquisition of knowledge, including theoretical knowledge.**
- **Target level = Participants must have a complete command of the subject matter and be able to apply it creatively**

Teaching and learning objectives related to professional practice:

- **Ability-based methods = Communication and acquisition of forms of behaviour and social competence.**
- **Target level = Participants must be able to cope with situations and train their behaviour**

Training venue: **Estonian National Library**

Overhead projectors, power point presentations and films (TV, Video, and DVD) were used

The course comprises two parts:

- **Part I** Theoretical knowledge concerning HIV/AIDS and hepatitis (prevention, therapy and advisory services), sexual and reproductive health as well as harm reduction.
- **Part II** was devoted to method training: "Practical methods of organizing an event".

Estonian A&M training co-ordinator:

**Jury Kalikov, The Head of the Board of
NGO AIDS-i Tugikeskus**

Trainers:

**Sirle Blumberg and Olena Waldenmaier
NGO “Living for Tomorrow”**

Part I: Theory of AIDS and Migration

Date	Time	Subject matter
3.11.2009	4 h	Introduction / Migration and HIV/AIDS
5.11.2009	4 h	Basic knowledge of HIV/AIDS
10.11.2009	4 h	Basic knowledge of hepatitis
17.11.2009	4 h	Support system and services
19.11.2009	4 h	Living with HIV/AIDS
24.11.2009	4 h	Family planning and sexual health
1.12.2009	4 h	Why don't we talk about sexuality?
3.12.2009	4 h	Basic knowledge of harm reduction (exchange of syringes, safer use, substitution)

Part II: Practical Methods

Date	Time	Instructors	Subject matter
14.11.2009 Saturday (between week-day sessions 3 and 4)	6 h	Olena Waldemaiier Sirle Blumberg Jury Kalikov	<ul style="list-style-type: none">• Didactics and the employment of media at A&M information events• Preparation of an A&M information events
28.11.2009 Saturday (between week-day sessions 6 and 7)	6 h	Olena Waldemaiier Sirle Blumberg Jury Kalikov	<ul style="list-style-type: none">• Exemplary organization of an information events• Organizational tips for the organization of an information events
12.12.2009 Saturday (after last week-day session 8)	6 h	Olena Waldemaiier Sirle Blumberg Jury Kalikov	<ul style="list-style-type: none">• Practical presentation• Evaluation

PLANS and RESULTS

ACTIVITIES	As PLANNED	RESULTS
Mediators trained	20	24
Community sessions organized	40	44
Participants of community sessions	400	548

PLANS and RESULTS (aug 2010)

Site	Nr med planned	Nr med trained	Nr CS planned	Nr CS organized	Nr particip of CS planned	Nr particip of CS participated
Istambul	20	20	40	33	400	354
Hanover	20	16	40	19	400	248
Copenhagen	20	21	40	4	400	29
Tallinn	20	24	40	44	400	548
London	20	15	40	???	400	???
Rome	20	21	40	12	400	175

FOR ALL QUESTIONS:

Jury KALIKOV

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Thank you for your
attention!